



Outdoor Bird Feeding Guide

Brought to you by Better Bird™ with
data from PROJECT WILDBIRD®

PROJECT WILDBIRD® data are the sole property of the WBF Research Foundation and the WBF Research Foundation Canada.

Blue Jays

Most Desired Seed: Peanuts

Least Desired Seed: Nyjer® Seed

Preferred Feeder: Platform Feeder 

Recommended Better Bird™ Products:
Fruit N' Berry™ • All Songbirds Blend
Nut N' Berry® • Deck, Porch N' Patio®
Sizzle N' Heat®



Juncos

Most Desired Seed:
White Proso Millet

Least Desired Seed: Peanuts

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products:
Finch Lovers Blend™ • Sizzle N' Heat®



Pine Siskins

Most Desired Seed:

Nyjer® Seed

Least Desired Seed: Red Milo 

Preferred Feeder: Tube Feeder

Recommended Better Bird™ Products:
All Songbirds Blend • Finch Lovers Blend™
Sizzle N' Heat®



Northern Cardinals

Most Desired Seed:
Black Oil Sunflower Seed

Least Desired Seed: Nyjer® Seed

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products:
Cardinal Blend • All Songbirds Blend
Nut N' Berry® • Deck, Porch N' Patio®
Sizzle N' Heat®



Mourning Doves

Most Desired Seed: White Proso Millet

Least Desired Seed: Peanuts

Preferred Feeder: Platform Feeder 

Recommended Better Bird™ Products:
Finch Lovers Blend™



Tufted Titmice

Most Desired Seed: Peanuts

Least Desired Seed: Red Milo

Preferred Feeder: Platform Feeder 

Recommended Better Bird™ Products:
Finch Lovers Blend™ • All Songbirds Blend
Nut N' Berry® • Deck, Porch N' Patio®
Sizzle N' Heat®



Indigo Buntings

Most Desired Seed:
White Proso Millet

Least Desired Seed: Cracked Corn

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products:
Finch Lovers Blend™ • Nut N' Berry®
Sizzle N' Heat®



Evening Grosbeaks

Most Desired Seed:
Black Oil Sunflower Seed

Least Desired Seed: Red Milo

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products:
All Songbirds Blend • Nut N' Berry®
Deck, Porch N' Patio® • Sizzle N' Heat®



Chickadees

Most Desired Seed:
Black Oil Sunflower Seed

Least Desired Seed: Cracked Corn

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products: Cardinal
Cardinal Blend • All Songbirds Blend
Woodpecker, Nuthatch N' Chickadee®
Deck, Porch N' Patio® • Sizzle N' Heat®



Woodpeckers

Most Desired Seed:
Sunflower Kernels

Least Desired Seed: Nyjer** Seed

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products:
Fruit N' Berry™ • Nut N' Berry®
Deck, Porch N' Patio® • Sizzle N' Heat®
Woodpecker, Nuthatch N' Chickadee®



White-breasted Nuthatches

Most Desired Seed: Peanuts

Least Desired Seed: Red Milo

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products:
All Songbirds Blend • Nut N' Berry®
Deck, Porch N' Patio® • Sizzle N' Heat®
Woodpecker, Nuthatch N' Chickadee®



Red-breasted Nuthatches

Most Desired Seed:
Black Oil Sunflower Seed

Least Desired Seed: White Proso Millet 

Preferred Feeder: Platform Feeder

Recommended Better Bird™ Products:
All Songbirds Blend • Nut N' Berry®
Deck, Porch N' Patio® • Sizzle N' Heat®
Woodpecker, Nuthatch N' Chickadee®



American Goldfinches

Most Desired Seed: Nyjer** Seed

Least Desired Seed: Peanuts

Preferred Feeder: Tube Feeder 

Recommended Better Bird™ Products:
Finch Lovers Blend™ • All Songbirds Blend
Nut N' Berry® • Deck, Porch N' Patio®
Sizzle N' Heat®



House Finches

Most Desired Seed:
Black Oil Sunflower Seed

Least Desired Seed: Peanuts

Preferred Feeder: Tube Feeder 

Recommended Better Bird™ Products:
Finch Lovers Blend™ • All Songbirds Blend
Deck, Porch N' Patio® • Sizzle N' Heat®



Rose-breasted Grosbeaks

Most Desired Seed:

Black Oil Sunflower Seed

Least Desired Seed: Cracked Corn

Preferred Feeder: Hopper Feeder 

Recommended Better Bird™ Products:
All Songbirds Blend • Nut N' Berry®
Deck, Porch N' Patio® • Sizzle N' Heat®



Black Oil
Sunflower Seed

Actual Size



Safflower Seed

Actual Size



Peanuts

Actual Size



Medium
Sunflower Chips

Actual Size



Striped Sunflower Seed

Actual Size



Cracked Corn

Actual Size



Nyjer** Seed

Actual Size



White Proso
Millet

Actual Size



Red Milo

Actual Size



Fine Sunflower
Chips

Actual Size

How To Avoid Nuisance Birds

Thanks to PROJECT WILDBIRD®, we now know what seeds and feeders to use to attract the desirable birds we love, but how do you avoid attracting those pesky, undesirable birds? Here are a few tips on keeping starlings, grackles, crows and other nuisance birds away:

1. Remove foods with milo or corn. These types of foods attract nuisance birds (plus, desirable birds don't prefer them).
2. Avoid feeding on the ground. Keep in mind this might deter some of the bigger desirable birds that prefer to feed this way. You can offer them hanging platform feeders instead.
3. Use a Zero-Waste® product. This will help ensure that there is less leftover seed spilled on the ground for nuisance birds to feast on.

For more information, visit www.betterbirdfood.com!

Nyjer has been sterilized to help prevent germination.
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